



28 MARCH | 07H00



The Captain's Airport Run

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HERE**



Oldies

The Captain's Airport Run

This is a fun club event that I hope you will all support simply in the name of #OldiesGees

Who can enter?

Any DHS Old Boys club member can enter the event and run. Partners and family that are not members may volunteer to help with some required odds and ends. We'll need some able bodies to ensure the smooth running of this.

How far do we run?

Unless you get hopelessly lost, the maximum distance you will run is 3km. One direction may be tougher than the other. You get to decide which and you get to fight that out with your partner.

Why do I have a partner?

Everyone who runs must have a partner. So, its teams of two. I'll explain...

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How does it work?

You need to find a partner to make up your team of two. You both need to be club members, of course. The Captain's Airport Run takes the form of a relay with the first runner leaving from the club and heading out along Fairway to Virginia Airport. You tag your partner and they run back to the club. Results are based on positioning, not times.

But surely top positions will have the fastest times anyway? And how does my team stand a chance of winning if other teams are so much faster?

The Captain's Airport Run is handicapped. That means that I take your teams fastest combined 5km time and rank you. The slowest team starts first and the fastest team starts last. Its as fair as it can get and should make for a fun finish.

What do I wear?

Definitely NOT club kit. You can wear whatever you like but the idea is for you and your partner to look like a team. Make it fun. Dress up. Dress to kill. Dress to win. Running shoes are a good idea.

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What will be along the route?

Apart from a few cars and a hill or two there will be a table where you get to gamble on your own race as well as everyone else's. Keep running on by, or stop and take one of many chances...

There are blank cards, two-minute penalty cards, a free loan bike card to finish your section, a license to stop another runner and some other fun odds and ends. Or, as I said, keep running on by...

How much is the entry fee?

There is no cost. This is a fun event designed purely out of #OldiesGees

Will I earn Oldies club points?

Absolutely. Everyone who takes part automatically earns 50 points. Further points are awarded based on finishing positions.

And afterwards?

Coffee from Cold Front and bacon rolls by Oldies

*I hope to see you all there
Roger. Oldies*